

SEA SAW



BY: CARLOS ARA & CO.

SEA-SAW

Sea-Saw is a 35 minutes Physical and Visual theatre piece with elements of Contemporary Dance and Street Theatre performance.

It's a non-verbal piece, using the visual and movement as the most important tool to share our story. Working with the use of the objects: Buckets, raincoats, ladder, fishing net, tires, plastic bottles... (All the objects used in the play are sourced from reused and recycled materials) in a minimalist set with three performers to fill the space, transforming it in a magical world, at the service of the narrative.

Being conscientious and committed to the environment and sustainability, our artistic concept takes the water and the relationship between humans and the sea as the main narrative. We present a very simple and powerful narrative to find collective answers (or not but being aware of our current situation) together with the audience to all the problems that we experience daily related to our ideas.

SYNOPSIS

The last two islanders in the world are adrift in a wide and lonely sea of plastic. 'How did things come to this?' they wonder, as they carry out their age-old daily routines, clinging determinedly to the last remnants of the life they once lived on land. One day, they are visited by a mysterious creature from the depths of the sea. Are they ready for the chaos that ensues?

A short story about humans and the sea coexisting in the same environment and the struggle to find a place of mutual understanding from which to move forward.

For a trailer of the show: <https://vimeo.com/654287732>

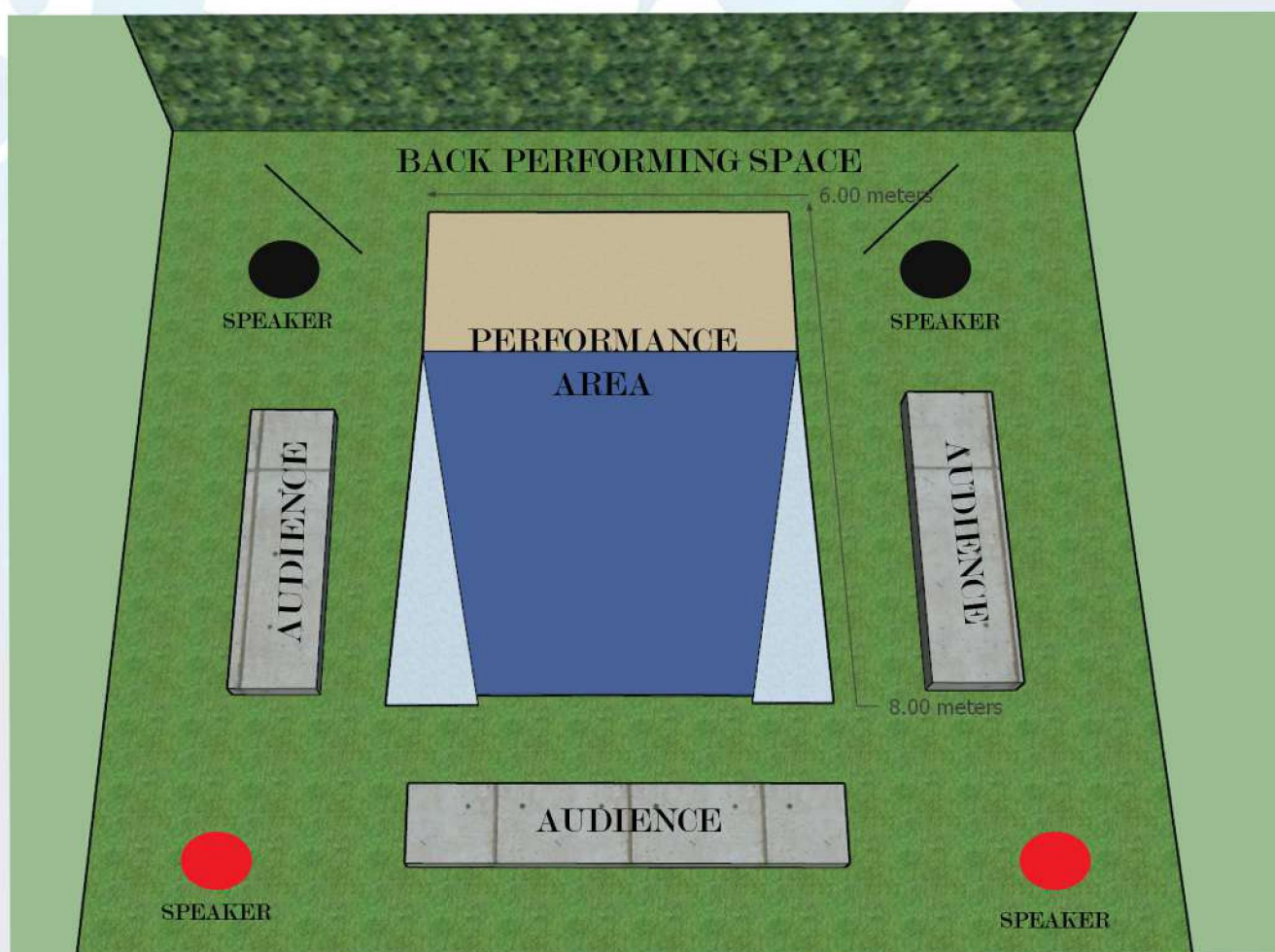
SPACE

This play is currently an outdoor day time performance. We need 6x8 meters of performing space – to allow performers to move comfortably and the space for the plastic sea (that would be used as a limit between performance space and audience). We work with any type of floor site, but preference of grass or flat/smooth floor, without pebbles for the nature of our work.

It's a three-way show, that means we can have audience on both sides too. The back of the performing space must be blocked or covered, so people can't walk behind during the show.

TECHNICAL REQUIREMENTS

Music equipment and power is required for this show, as well a technician to play the music during the performance provided by the festival or event.



* Black speakers - option 1 (sound from back) or Red speakers - option 2 from the front.

SEA-SAW

TEAM

Alys is a Newcastle based dance and theatre artist, working on various choreography, performance and participation projects throughout the UK, with companies and choreographers such as Alicia Meehan, Merav Israel, State of Grace, Jabadao, Creative Humans, Adam Russell Dance, Fun in the Oven, Headway Arts, Jack Drum Arts, Lizzie Klotz and Peter Groom Dance Theatre. working collaboratively across the arts, Alys is passionate about creating work and facilitating experiences that promote communication, curiosity and fun. Alys began her training at Northern School of Contemporary Dance and then went on to complete her BA Hons in Choreography at Dartington College of Arts and MA in Performance Dance at the University of Chichester.

Olivia is a Dancer Artist and Facilitator based in Newcastle-Upon-Tyne. Since graduating from Trinity Laban Conservatoire of Music and Dance in 2015, she has worked on a wide range of different productions in both the UK and Europe with choreographers including Payal Ramchandani, Wendy Houstoun, and Marco Blázquez, among others. As a performer, Olivia's work has ranged from international touring as a Company Dancer with Madrid-based Elephant in the Black Box Company to family theatre and Street Theatre work with North East-based companies such as The D Project and Street Theatre Company 'Spark'. As a Facilitator, Olivia works frequently with The D Project Dance Company and Bigfoot Arts Education, as well as independently, delivering a wide range of workshops and sessions in different educational, health and wellbeing and community settings.

Carlos graduated in Physical Theatre and Puppetry (BA) at Institut del Teatre of Barcelona in 2013. And worked in several shows for the critically acclaimed street theatre festival Fira Tàrraga. In 2015 he was part of the ensemble of 'La ira dels peixos'. He toured across Spain and Chile with La Patriotico interesante. He moved to London where he worked as a movement director for several stage productions and keep working as an actor in stage and screen productions. He is currently based in Newcastle and works with Theatre Plumiere and growing his own theatre company Carlos Ara & Co. He is strongly influenced by his background in physical theatre, street theatre, dance and acrobatics, putting movement always at the center of his work.

SEA-SAW GALLERY

For a trailer of the show: <https://vimeo.com/654287732>



SEA-SAW

CREDITS

Original idea: Blanca Pascual, Alejandra Bacelar and Carlos Ara

Performers: Olivia Paddison, Alys North & Carlos Ara

Research and develop Consultant: Blanca Pascual

Associate/movement director: Piermario Salerno

Costume designer: Carlos Ara

Costumer maker: Adam Wilson-Holmes

Graphic designer: Ester Caballe

Production manager: Carlos Ara

Co-commissioned by Dance City and Festival of Thrift



Contact - meetme@carlosara.com